

## ISSUES IN FOCUS

## 2014



## pd-sa

CONTENTS

PDSA's history dates back to 1917. During that time the charity has had a huge impact on animal health and welfare across the UK, providing around 100 million free treatments to more than 20 million sick and injured pets. Today, PDSA's work goes beyond just treating pets in its 51 Pet Hospitals UK-wide; the charity is a leading authority on pet wellbeing and is committed to providing education on all aspects of responsible pet ownership through a variety of initiatives.

## YouGov <br> What the world thinks

YouGov is one of the UK's leading research companies providing accurate insights into what people are thinking and doing all over the world, all of the time. The most quoted research agency in the UK, YouGov has an established track record of consistently accurate and high-quality survey data, epresenting all ages, socio-economic groups and other demographic types. YouGov is delighted to be involved in the fourth PDSA Animal Wellbeing (PAW) Report, monitoring changes in pet welfare issues across the UK.

## INTRODUCTION



It has been nearly four years since we launched the first ever PAW Report, in conjunction with YouGov. Since then we have surveyed over 21,000 pet owners, veterinary professionals and children. The Report continues to provide a unique and comprehensive insight into anima wellbeing in the UK. Through annual monitoring we can ensure that our education programmes and campaigns focus on the biggest issues facing pets in the UK today to help make the biggest possible difference.

Richard Hooker, BVMS (Hons, , MRCVS
PDSA Director of Veterinary Services

At PDSA, we are resolute in using education to affect positive behaviour change. For us it's about using our expertise to support owners and work with them to safeguard the physical and mental wellbeing of their pets. On a daily basis, veterinary teams and animal welfare organisations across the UK do such wonderful work. Despite his, there is still a huge task ahead because there are still millions of pet whose welfare needs are not being met.

There is no doubt that pets are held dear in the public's affection; pets are loved ... but we can see from our findings that there are still key areas of pet ownership that need further work As well as sharing our latest findings we are also challenging pet lovers verywhere to help provide an even deeper understanding of the UK pet nation by taking part in the iggest ever online pet survey at pdsa.org.uk/bigpetsurvey
.. we are resolute in using education to affect positive behaviour change ...

The more people who take part, the more we can learn about UK pets and understand the challenges we all face to safeguard their health and happiness.



This year we have surveyed:


VET NURSES AND FOR THE FIRST TIME VETERINARY AND VETERINARY NURSING STUDENTS
... to gain an insight into how well pets' welfare needs are being met


ISSUE 1: Pet Obesity

Pet obesity levels continue to rise with $80 \%$ of veterinary professionals believing there will be more overweight pets than healthy weight pets in five years' time and 4 out of 5 veterinary professionals report having seen an increase in levels of pet obesity over the last 2 years. This section explores the importance of an appropriate diet for a pet's lifestage, species and health, as well as how to prevent obesity-related diseases.


ISSUE 2: Problem Behaviours

With $62 \%$ of pet owners having been concerned or frightened by another dog's behaviour and over $30 \%$ having been bitten or attacked by a dog, it is evident that this issue which costs the NHS over $€ 3$ million a year, needs more focus. This section looks at the common problem behaviours displayed by our pets, the significance of destructive or aggressive behaviour, and also focuses on the importance of exercise in helping to improve some behaviour issues.


## ISSUES IN FOCUS

## w ISSUE 3: Preventative Care

It is better news in this area with levels of preventative care increasing year on year and $96 \%$ of pet owners have not reduced their spend on preventative healthcare due to the current economic climate. In this section, we consider the importance of preventative treatments to protect pets from pain, suffering, injury and disease. We'll look at what factors influence people in their choice of veterinary practice and also provide pet owners opinions on vets in the UK today.


ISSUE 4: Pet Ownership

The final issue in focus in this Report is the challenge faced by pet owners to provide everything their pets need, from choosing the right pet in the first place, to understanding lifetime costs, and becoming familiar with their duty of care under the Animal Welfare Acts,* all of which ensure health and happy pets and owners. $86 \%$ of pet owners believe owning a pet improves their lives and 4 out of 5 pet owners feel physically or mentally healthier because of their pet.



## Pet Obesity

Pets require a balanced diet appropriate to their species, lifestage and health. This year's Report however, as with previous years, shows us that too many people are continuing to feed their pets inappropriate foods, such as fatty treats and leftovers. The consequence of this is that ...


OVER 5.5 MILLION PETS GET TREATS AS PART OF THEIR DAILY DIET INCLUDING:


THE UK IS STILL IN THE GRIP OF A PET OBESITY CRISIS
 with over 2 million owners giving treats because their pets beg for them, the solution is dependent on owner will power and better understanding of the right diets for their beloved companions.


## © DIET: IN FOCUS

## How much should I feed?

## Portion sizes - is it just "common sense"?

As human waistlines expand, a similar picture is occuring in our pet population.

When considering how much to feed their pet, many owners seemingly still rely on "common sense" or past experience to make a decision. t sounds obvious, but if our pets eat too much they will become overweight. If you feed your pet a 'complete' food, then the food is just that - complete! It contains everything your pet needs. So as soon as you feed anything extra, such as treats, your pet's body must do something with the extra calories. Most of these calories will turn into fat. A pet's age, weight and body shape, energy requirements, alongside packet feeding guidelines and veterinary advice should all be taken into account when deciding how much to feed.
Regular exercise involving play, walking and running (with dogs) is also essential for a pet's health - food and fitness are the two essential factors in achieving a healthy shape for your pet.


The main sources of information used when deciding how much to feed:


## - DIET: IN FOCUS

## Diet Improvements

It isn't all diet disasters though: since 2011 it is great to see the significant improvements in rabbit diets with around 300,000 fewer rabbits being fed muesli-type foods (which can lead to painful dental disease) and nearly 200,000 more rabbits being fed the right amount of hay.
A)

Thanks to initiatives such as Rabbit Awareness Week (RAW), which PDSA supports, awareness and understanding of healthy rabbit diets are improving. To find out more about RAW, visit www.rabbitawarenessweek.co.uk

Dog owners feeding dog based on body weight or shape

Owners feeding rabbit muesli as one of their rabbits' main types of food


Rabbit owners who don't feed enough hay (feeding less than the rabbits' body size in hay or grass each day)

## POSITIVE IMPROVEMENT



## Views on Pet Obesity

There will be more overweight pets than healthy weight pets in five years' time


Not enough information is available to help owners understand pets' dietary requirements


Owners have overall responsibility to learn about their pets' dietary needs


## Behaviour Statistics

Our latest research shows that, sadly, little has changed when it comes to problem behaviour. There are still millions of un-socialised and untrained dogs in the UK, with many displaying problem behaviours. These signs can often be a cry for help from our canine companions, and if not spotted and addressed, can quickly lead to more serious problems.

Dogs that never attended training classes in their first 6 months of life


Dogs showing aggression towards other pets

## 8\%

over 600,000


Dogs showing aggression towards people
nearly
250,000
2011 3\% 3\% ${ }^{2014}$


Pet owners who think people should face tougher penalties if their dog attacks another person or animal
${ }^{2011} 8 \mathbf{8 7 \%} \quad 86 \%{ }^{2014}$
2011

Pet owners who have been frightened or concerned by another dog's behaviour


# $\infty$ <br> BEHAVIOUR: IN FOCUS 

## Socialisation and Training

In the last two years, over half of veterinary professionals have seen an increase in dog-on-dog attacks as well as dog euthanasia due to behavioural issues. This is truly heartbreaking. But this can be prevented if pet owners invest time in two key areas: over half of veterinary professionals have seen an increase in dog-ondog attacks as well as dog euthanasia due to behavioural issues


Socialisation - where a puppy is gradually exposed to a wide range of everyday sights and sounds, people and other pets, to develop their confidence. This important stage in a dog's life can be the difference between a well rounded, confident dog, and one that develops problem behaviours.

Around $\mathbf{1 . 5}$ million dogs in the UK have not been properly socialised as puppies.


## 75\% <br> OF PET OWNERS

believe a lack of positive experiences as puppies leads to more aggressive dogs yet many still aren't investing time in socialisation

Training - using kind and effective methods, is also a great way of strengthening the relationship between owner and dog, building trust, and preventing inappropriate or aggressive behaviour. This year, our research has shown that $\mathbf{5 4 \%}$ of dogs - around 4.4 million - never attended training classes in their first six months of life.


## 82\%

 OF PET OWNERSbelieve that aggressive behaviour is a result of inappropriate or inadequate training by the owner


## Boredom And Exercise

A bored and lonely dog is not a happy dog Leading an unstimulating, inactive and lonely life can often contribute to destructive behaviours such as chewing furniture, prolonged periods of barking and inappropriate toileting in the house. Some dogs may also display compulsive behaviours, such as excessive licking. Our research shows that many dogs are displaying these behaviours on a weekly basis. Some will be bored while others will be suffering from separation anxiety and a failure to cope with their owner's absence. With millions of dogs left alone for longer than five hours every day, these problems may be significantly under-recognised.


So what can be done? Exercise is the key.
Lack of exercise contributes to frustration and boredom, as well as health problems. Exercise is not only a significant stress-reliever, but is also essential to the physical and mental wellbeing of dogs.

A staggering 2.4 million dogs in the UK are not given the opportunity to exercise off the lead outside the home or garden on a daily basis - with over 800,000 of these dogs never going for walks off the lead, and 250,00 never going for walks at all.
For those dogs that do go for walks, $81 \%$ are walked for less than an hour, with only $19 \%$ having a regular exercise routine that lasts for more than an hour.

## MCION <br> NEEDELD!

Exercising in a garden is not enough for dogs. They need their walks not only for the physical benefits that daily exercise brings, but for the mental stimulation too. Being out and about allows them to express normal behaviours, such as sniffing, investigating and interactions with other pets and people.


## © BEHAVIOUR: IN FOCUS

## Views on behaviour

It is acceptable to leave a child unattended with a dog


Dog licenses should be introduced

have been frightened or concerned by a dog's behaviour


HM Government should take the issue of dangerous dogs more seriously


Children's play areas should be dog-free zones


Owners should face tougher penalties if their dog attacks another person or animal


## 98\%

## Vets and vet nurses



Do you agree that dog licenses should be introduced? Would you leave your be introduced? Would you leave your Share your thoughts Share your thoughts on Facebook or Twitter $f$ \#pawreport


## - HEALTH: IN FOCUS

## Neutering

This is another area of improvement with more neutered pets in the UK than ever before.
$41 \%$ of owners who haven't neutered their pet say it is because they are never out unsupervised so won't get pregnant or chase after other animals. Sadly there are still hundreds of thousands of unwanted animals in need of homes, and neutering does help to stop this growing problem.
But equally importantly, neutering reduces the risk of our pets developing serious, often fatal, diseases such as pyometra, breast cancer, ovarian cancer, testicular cancer and prostatic disease.
كS This report provides useful statistics relating to UK pet cat neutering which can be used to inform strategies designed to reduce the number of unplanned litters. Dr Jane Murray, Cats Protection Research Fellow, University of Bristol

professionals reported that they have seen an increase in pyometras, a potentially fatal womb infection, over the last two years. This condition is entirely preventable through neutering

neutering reduces the risk of PYOMETRA BREAST OVARIAN CANCER CANCER TESTICULAR CANCER PROSTATIC DISEASE

Pets will always be at risk from illness and disease if not vaccinated. Many of the preventable diseases seen in pets can survive in the environment for months at a time.

## ADVICE

 POINTIf your pet gets stressed during a trip to the vets, call your practice to discuss other options as many practices offer home visits, or can provide advice to help.

Other reasons included that the pet never left the house so was not at risk, or that the owner wasn't sure if their pet had received booster vaccinations. Some pet owners don't understand why their pets need vaccinations every year, and some say that their pets are too stressed when they go to the vet's.

## HEALTH: IN FOCUS

## Preventing Parasites

Cats and dogs should be given regular treatments to prevent them suffering from fleas and worms. Worms can also be harmful to owners, which is another reason why treatment is so important.
'Off the shelf' flea and worm treatments bought from pet shops and supermarkets may not be as safe or effective as those from veterinary practices. NEVER USE A DOG FLEA TREATMENT ON CATS, AS THIS CAN BE FATAL Flea products intended for dogs can be fatal if given to cats due to a highly toxic insecticide called permethrin. Cats can even be poisoned through contact with dogs in the same household that have been recently treated with flea spoton products containing permethrin. If cats and dogs live together, avoid these products where possible.
International Cat Care is petitioning to change the rules so that permethrin-containing flea products would legally require verbal advice at the point of sale from a suitably qualified person. $71 \%$ of pet owners we surveyed agreed with this - do you? If so, join the campaign today at www.icatcare.org/permethrin/petition
$\int 6$ Permethrin poisoning is still happening and it is almost all accidental. How sad to lose a cat because you were trying to do the right thing by treating forfleas. PDSA has done a great deal to help keep permethrin poisoning in people's minds and supported our campaign, and hopefully between us we have saved cats from poisoning and owners from much heartache. But we can't be complacent - people need to know about permethrin and cats. $\boldsymbol{\rho}$
Claire Bessant-Chief Executive International Cat Care

## $87 \%+81 \%$ OFDOGS OFCATS ARE TREATED FOR WORMS 3 M1LLON PETS NOT PROTECTED

$81 \%+86 \%$ OFDOGS OF CATS ARE TREATED FOR FLEAS 3 M L LON PETS NOT PROTECTED



## ( HEALTH: IN FOCUS

## Vets and Pets

More than 2.5 million pets are still not registered with a vet with $35 \%$ of these owners stating it is because they feel they can just turn up if necessary and $28 \%$ saying their pet is fine so there is no need.

This year we also asked pet owners who are registered with a vet what influenced their choice of veterinary practice and the top 3 reasons for choosing a veterinary practice were:
nearest
TO ME

2 BEST
REPUTATION
3 FRIENDS
5 USE IT


We also asked what actions, if any, pet owners would take in an emergency situation with their pet.

Reassuringly, most pet owners would contact their vet first:

Dog owners

Cat owners

Rabbit owners

SCIt is reassuring to know that pet owners see the value of contacting their vet for emergency advice, but practices can help pet owners in many other ways, from advice on preventing diseases to provision of safe and effective fle a and worm diseases to provision of safe and effective flea and worm ar Nicola Martin, Head of Pet Health and Welfare, PDSA


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## Pet ownership - the law

Many pet owners in the UK are still not aware of what they need to provide for their pets to ensure their physical and mental wellbeing. Worryingly, the number of owners who are familiar with the laws surrounding pet ownership continues to drop.
The Animal Welfare Acts place a duty of care onto owners to meet five key welfare needs. Yet the number of pet owners who are familiar with the Act has DECREASED FROM 38\% TO 36\% since the last Report.
$89 \%$ of pet owners believe that all pet owners should have a basic understanding of the five welfare needs. $97 \%$ of veterinary professionals believe there is value in encouraging owners to understand the five welfare needs contained within the Animal Welfare Acts.

A lack of education and awareness of the basic health and welfare needs of pets, means that many owners can be misguided with their affection towards their companion animals. The five welfare needs provide a really simple framework for owners. By finding out more about what thei pets need, owners can make a huge change to their pets' lives.

## ACT NOW

More than 1.5 million dogs don't wear a collar and tag and 30\% of dog owners are unaware that this is a legal requirement. The Control of Dogs Order 1992 says that any dog in a public place must wear a collar and tag with the name and address of the owner on it There is a potential fine of up to 55,000 so if you are a dog owner - buy a collar and tag today!

## 6

## Views on choosing a pet



PDSA recommends getting pets from reputable breeders or rescue centres, yet 25\% of pet owners would consider getting a puppy from a puppy farm and $24 \%$ would consider getting a pet from the internet before visiting the pet.

Choosing the right pet according to a person's lifestyle is crucial, as is considering lifetime costs of pets - yet many owners have no idea how much their chosen pet will cost them over a lifetime.

| 24\% | Rescue/ rehoming centre | $35 \%$ | Rescue/ rehoming centre | $39 \%$ Pet Shop |
| :---: | :---: | :---: | :---: | :---: |
| 22\% | Breeder found through advert | 29\% | Family or friend | 21 \% Family orfriend |
| 16\% | Family or friend | 7\% | Stray | $15 \%$ Rescue/ rehoming centre |

## Choosing the right pet



Where did your pet come from?
Dog Owners
Cat Owners Rabbit Owners

Vets and Vet Nurses
Pet Owners

|  | Vets and Vet Nurses | Pet Owners |
| :--- | :---: | :---: |
| Anyone breeding puppies should <br> be licensed and regulated | $98 \%$ | $92 \%$ |
| Prospective owners should pass <br> a test before taking on a pet | $70 \%$ | $4.4 \%$ |
| Online sales of pets should <br> be regulated | $92 \%$ | $86 \%$ |

of veterinary professionals say they have seen an increase in pets imported from abroad.

## PET OWNERSHIP: IN FOCUS

## Ownership costs

Our research has highlighted the lack of awareness when it comes to the cost of pet ownership.
Many owners still vastly underestimate the lifetime costs of pet ownership with $1 / 4$ of dog owners and $1 / 3$ of cat owners believing their pets will cost no more than $£ 1,000$ over their entire lifetime.


## 93 \% ESTIMATED




Actual likely
lifetime cost
C
(.) \% ESTIMATED
Actual likely
lifetime cost $\qquad$
Per rabbit" - $7 \%$ ESTIMATED
espite increased levels of insured pets this year, there are still more than 11 million pets that aren't insured. Veterinary professionals feel that cost is the least understood aspect of pet ownership and $66 \%$ believe that pet insurance should be compulsory. This is very different to pet owners where only $36 \%$ feel it should be compulsory. Of those owners who haven't insured their pets, over a third believe it is too expensive and a quarter believe they won't get their money's worth.

## Companionship

Undoubtedly one of the main reasons for getting a pet is for companionship or to make people happy $86 \%$ of pet owners believe owning a pet improves their lives and 4 out of 5 pet owners feel they are physically or mentally healthier because of their pet.
© Pet ownership enhances the lives of people of all ages and in diverse circumstances; for example by facilitating child
development; keeping older people active; by helping to combat loneliness; supporting those with mental health issues or simply bringing joy at difficult times. 9
Elizabeth Ormerod, Trustee of the Society of Companion Animal Studies
$88 \%$ of pet owners believe owning a pet is a privilege and not a right, and three in five owners find pet ownership more rewarding than they expected.


The top three reasons for getting a pet are:


Dog owners


Rabbit owners

\% of owners

They make me happy. For wanted a pet. For love/affection.

## VOICE OF THE PROFESSION

Veterinary professionals have identified the top 3 issues to be addressed relating to pet care and ownership in general:

## 1 st

## $2^{\text {nd }}$

$3^{\text {rd }}$
UNDERSTANDING OFTHE cos

AWARENESS OF THE PRE-PURCHASE EDUCATION REGARDING SUITABLE



The veterinary profession also felt that lack of owner awareness of the five welfare needs is likely to have the biggest health and welfare implication for pets in ten years' time.

Veterinary professionals continue to be the main source of pet care advice, with $70 \%$ of pet owners using vets for information. The public's opinion of the veterinary profession is also good, with pet owners stating they view them as experts in pet care, a trusted source of knowledge and vital for keeping pets healthy and happy.

## Broken down further, the top 3 concerns per species were:

| ( uont) | $1{ }^{\text {st }}$ | $1{ }^{\text {st }}$ |
| :---: | :---: | :---: |
| COST OF | LACK OF | INAP |
| OG | NEUTERING | D |

2nd Poor choice of breed for owner lifestyle

3rd Inadequate socialisation


2nd Multi-cat households
3rd Chronic stress among cats


2nd Complete lack of care - rabbits being forgotten about

3rd Dental disease


## A BETTER LIFE FOR PETS

What PDSA has done since the first Report in 2011


## EDUCATE THE PET OWNERS OF TOMORROW <br> PET WISE MOTs

As part of the Animal Welfare Education Alliance we continue to drive the proposal to get the five welfare needs onto the National Curriculum

- Introduced 'Pet Wise MOTs' in our Pet Hospitals and on our PetCheck tours based on the Fiv Welfare Needs.


## OVER 1.2 MLLEN PREVENTATIVE TREATMENTS

- Delivered over 1.2 million preventative treatments through our Pet Hospital network


## PET WELLBEING TASK FORCE <br> COLLABORATION TO EFFECT CHANGE

- Developed a Pet Wellbeing Task Force to drive all aspects of pet wellbeing in all of the work that we do.
- Worked collaboratively with other animal welfare organisations and the media to use education to effect change
- Raised awareness with millions of pet owners through PR campaigns and social media.


## COMMUNITY AND

 EDUCATION TEAM- Set up a Community and Education Veterinary Nursing team to work in local communities offering free health checks, talks and school workshops, allowing us to engage with more than 5,000 pet owners and 50,000 children every year. We provid advice, guidance and information on all aspects of pet wellbeing to help people better understand their responsibilities to their pets.


## A BETTER LIFE FOR PETS

## Is your opinion making a difference? YES! Thanks to your voice and ours:

## Compulsory Microchipping

- $83 \%$ of the pet owners and $95 \%$ of vets and vet nurses we surveyed in 2013 believed that microchipping should be compulsory for all dogs; a rise from 79\% of pet owners in 2011 New legislation means that all dogs in Wales now have to be microchipped by March 2015 and all dogs in England by April 2016. It is already a legal requirement in Northern Ireland and is still under consultation in Scotland.

BY MARCH 2015 BY APRIL 2016 ALL DOGSIN + ALLDOGSIN WABES ENGLAND HAVE MICROCHIPPED


## OFPET

 OWNERS
##  <br> $\%+82 \%$ OFVETS AND VET NURSES

believe the government should take the isule of DANGEROUS DOGS MORE SERIOUSLY
$81 \%$ of pet owners and $82 \%$ of vets and vet nurses believe the government should take the issue of dangerous dogs more seriously. The amended Dangerous Dogs Act came into effect in England and Wales in May 2014. Under Section 3 of the Act, it is a criminal offence for a person in charge of a dog to allow it to be 'dangerously out-of-control' in a public place. A dog doesn't have to bite to be deemed dangerous in the eyes of the law. The Act also now covers incidents on private property - this includes a person's own house, front and back garden.

## Changes to Dangerous Dogs Laws

$85 \%$ of pet owners and $87 \%$ of vets and vet nurses believed that owners should face tougher penalties if their dog attacks another person or animal. The amended Dangerous Dogs Act, in addition to the above, means:

1. It is an offence for your dog to attack an assistance dog (for example, a Guide Dog)
2. Prison sentences will be increased for those owners convicted of some offences
3. Police or an appointed local authority now have powers to seize a dangerously out-of-control dog on a private property

## What can you do to help?

- Take part in the UK's biggest ever online pet survey and help us make a better life for pets.
- Your views will help shape our pet health and welfare work at PDSA and ensure our education programmes and campaigns focus on the biggest issues facing pets in the UK today to help make the biggest difference possible. As a thank you, we have some great prizes to give away!

Please visit pdsa.org.uk/bigpetsurvey to take part today.

## ISSUES IN FOCUS

Thank you to everyone who is already working alongside us to improve pet wellbeing. We can't do it alone.

## References

When referring to the Animal Welfare Act this includes the Animal Welfare Acts covering England and Wales, the Animal Health and Welfare (Scotland) Act 2006 which applies to the whole of Scotland, and the Welfare of Animals Act (Northern Ireland) 2011.

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What the world thinks

